



MEDIWORKS

REJUVENATION CENTRE

Please complete this form and bring it to your initial visit with Dr. Badesha

NEW PATIENT INTAKE FORM

NAME _____ AGE _____ BIRTHDAY _____ SEX _____

If the patient is a child:

Mother's name: _____ Father' name _____

ADDRESS _____ CITY _____ POSTAL CODE _____

PHONE # (HOME) _____ (WORK) _____ (CELL) _____

EMAIL _____

OCCUPATION _____ REFERRED BY _____

CONTACT IN CASE OF EMERGENCY _____ PHONE# _____

PRESENT HEALTH CONCERNS *list in order of significance*

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

LABORATORY PROCEDURES PERFORMED FOR THIS PROBLEM(S)(BLOOD TESTS ETC.)

WHAT TYPE OF THERAPY HAVE YOU TRIED FOR THIS PROBLEM(S)?

LIST CURRENT HEALTH PROBLEMS FOR WHICH YOU ARE BEING TREATED:

PAST MEDICAL HISTORY

HEALTH AS A CHILD? Good _____ Fair _____ Poor _____

HOSPITALIZATIONS (year & reasons) _____

SURGERIES (year & type) _____

ACCIDENTS OR MAJOR TRAUMA (SCARS-GIVE LOCATION) _____

SERIOUS ILLNESS OR INJURY (year & cause) _____

VACCINATIONS- all childhood? Yes _____ No _____ Other (year, type, adverse reactions) _____

HOW MANY ANTIBIOTIC TREATMENTS HAVE YOU RECEIVED? 0 – 5 TIMES _____ 6 – 13 TIMES _____ MORE THAN 13 TIMES _____

HAVE YOU TRAVELLED OUTSIDE OF CANADA IN THE PAST FIVE YEARS? YES _____ NO _____

WHERE? _____

MEDICATIONS circle any you are taking

Antacids Anti diabetic/Insulin Antibiotic/Antifungal Anti-Inflammatory Cortisone High blood pressure Laxatives
Antidepressants Relaxants/Sleeping pills Radiation Aspirin/Tylenol Lithium Thyroid Chemotherapy Heart Medications
Oral Contraceptives Hormones Ulcer Medications Other _____

ALLERGIES list any allergies and what happens when you have an allergy attack

DRUGS _____

FOODS _____

OTHER _____

DIET AND LIFESTYLE FACTORS

Please circle the following

Do you crave: Starches Y N Sweets Y N Salt Y N Fat Y N Are you a vegetarian Y N Vegan Y N

Do you have any dietary restrictions? (if yes, please explain) Yes _____ No _____

Do you enjoy your work Y N Type of exercise you do/get _____

Do you: Sleep well Y N Wake rested Y N Average hours of sleep per night is _____

What is the level of stress you are experiencing on a scale of 1 to 10 (1 being the lowest) _____

Do you meditate or use any relaxation exercise? Yes _____ No _____

Do you use: Alcohol Y N Tobacco or live(d) with a smoker Y N Caffeine Y N Past

Recreational drugs Y N Stimulants or fat burners Y N

Occupational exposure to chemicals Y N Type _____

REVIEW OF SYSTEMS

Please circle: Yes - a condition you have now

No - never had

Past - a condition you have had in the past

General

Weight _____
 Height _____
 Night sweats Y N P
 Fatigue Y N P

Skin

Rashes or Infections Y N P
 Growths Y N P
 Changes in hair/nails Y N P

Head

Headache Y N P
 Head Injury Y N P

Eyes

Impaired vision Y N P
 Eye pain Y N P
 Tearing Y N P
 Dryness Y N P

Ears

Impaired hearing Y N P
 Ringing Y N P
 Earache/Itch Y N P
 Dizziness Y N P

Nose & Sinuses

Frequent colds Y N P
 Nose bleeds Y N P
 Stuffiness Y N P
 Sinus Problems Y N P
 Post nasal drip Y N P

Mouth & throat

Frequent sore throat Y N P
 Sore tongue Y N P
 Sore mouth and lips Y N P
 Gum problems Y N P
 Hoarseness Y N P
 Dental problems Y N P
 Root canals Y N # _____

Neck

Swollen glands Y N P
 Pain or stiffness Y N P

Blood

Anemia Y N P
 Easy bleeding or bruising Y N P

Respiratory

Cough Y N P
 Spitting up blood Y N P
 Wheezing Y N P
 Pain on breathing Y N P

Shortness of breath Y N P
 Positive TB test ever Y N P

Heart

Heart disease Y N P
 High blood pressure Y N P
 Rheumatic fever Y N P
 Chest pain Y N P
 Swelling in ankles Y N P
 Palpitations/fluttering Y N P

Digestion

Trouble swallowing Y N P
 Heartburn Y N P
 Stomach pain Y N P
 Change in thirst Y N P
 Change in appetite Y N P
 Nausea or vomiting Y N P
 Bowels move daily Y N P
 Loose stools Y N P
 Blood in stools Y N P
 Bowel gas Y N P
 Bloating Y N P
 Belching Y N P
 Liver/gall bladder disease Y N P
 Hemorrhoids Y N P

Emotional

Depression Y N P
 Mood swings Y N P
 Anxiety or nervousness Y N P

Neurologic

Fainting Y N P
 Seizures Y N P
 Paralysis Y N P
 Numbness or tingling Y N P
 Loss of memory Y N P

Musculoskeletal

Joint pain or stiffness Y N P
 Broken bones Y N P
 Muscle spasms/cramps Y N P
 Weakness Y N P

Urinary

Pain on urination Y N P
 Increased frequency Y N P
 Frequency at night Y N P
 Urgency Y N P
 Inability to hold urine Y N P
 Bladder infections Y N P
 Difficulty urinating Y N P

Circulation

Deep leg pain Y N P

Cold hands/feet Y N P
 Varicose veins Y N P

Endocrine

Ever any thyroid problem Y N P
 Heat or cold intolerance Y N P
 Hypoglycemia Y N P
 Excessive thirst Y N P
 Easy weight gain Y N P

Male Reproduction (men only)

Hernias Y N P
 Testicular masses Y N P
 Testicular pain Y N P
 Are you sexually active Y N P
 Sexual difficulties Y N P
 Prostate problems Y N P
 Venereal disease Y N P
 Discharge of sores Y N P
 Difficulty with urination Y N P
 Birth control Y N P
 What type _____

Female Reproduction (women only)

Age menses started _____
 # of days menstrual flow _____
 Length of complete cycle _____
 Bleeding between periods Y N P
 Are cycles regular Y N P
 Pain during intercourse Y N P
 Cramps Y N P
 Abnormal vaginal discharge Y N P
 Excessive flow Y N P
 PMS Y N P
 Date of last PAP smear _____
 Abnormal PAP Y N P
 Date of last menstrual period _____
 # of pregnancies _____
 Number of miscarriages _____
 Birth control Y N P
 What type _____
 Difficulty conceiving Y N P
 Menopausal symptoms Y N P
 Are you sexually active Y N P
 Sexual difficulties Y N P
 Venereal disease Y N P

Breasts

Do self-exam regularly Y N P
 Lumps Y N P

Mark any illnesses which you now have with (Y) or have had in the past (P);

Abscesses	_____	Epilepsy	_____	Measles	_____
Acne	_____	Excessive fatigue	_____	Meningitis	_____
AIDS	_____	Eye disease	_____	Mononucleosis	_____
Alcohol addiction	_____	Fainting or dizzy	_____	Multiple sclerosis	_____
Allergies	_____	Gallstones	_____	Mumps	_____
Alopecia	_____	Gastritis	_____	Myopia	_____
Anemia	_____	Gingivitis	_____	Nervous breakdown	_____
Arthritis	_____	Glaucoma	_____	Neurological disease	_____
Asthma	_____	Goiter	_____	Obesity	_____
Attempted suicide	_____	Gonorrhea	_____	Osteoporosis	_____
Back problems	_____	Gout	_____	Pancreatitis	_____
Benign breast tumor	_____	Hay fever	_____	Persistent cough	_____
Bleeding gums	_____	Hearing problems	_____	Pneumonia	_____
Bronchitis	_____	Heart disease/stroke	_____	Polio	_____
Cancer	_____	Hemorrhoids	_____	Psoriasis	_____
Candida albicans	_____	Hepatitis	_____	Rheumatic fever	_____
Cataracts	_____	Hernia	_____	Rheumatoid arthritis	_____
Chest pains	_____	Herniated disc	_____	Scarlet fever	_____
Chicken pox	_____	Herpes	_____	Sciatica	_____
Cirrhosis	_____	High blood pressure	_____	Senility	_____
Crohn's disease	_____	Hypothyroidism	_____	Shingles	_____
Depression	_____	HIV	_____	Skin ulcers	_____
Diabetes	_____	Insomnia	_____	Skipped heartbeats	_____
Diphtheria	_____	Jaundice	_____	Stroke	_____
Diverticulosis	_____	Kidney disease	_____	Stomach ulcer	_____
Drug addiction	_____	Kidney stones	_____	Syphilis	_____
Ear infections	_____	Liver disease	_____	Tuberculosis	_____
Eating disorder	_____	Low blood pressure	_____	Thyroid disease	_____
Eczema	_____	Lupus	_____	Ulcerative colitis	_____
Emphysema	_____	Major surgery	_____	Vision problems	_____
Endometriosis	_____	Malaria	_____		

Other _____

PLEASE INDICATE ANY SIGNIFICANT HEALTH CONDITIONS OF OTHER FAMILY MEMBERS

INFORMED CONSENT FOR TREATMENT

I, _____ hereby authorize Mediworks Health and Weight Loss Centre to perform the follow specific treatments, but not excluding other treatment protocols, as deemed necessary to facilitate my diagnosis and treatment:

Common diagnosis procedures: e.g. venipuncture, Pap smear, radiology, laboratory, x-ray.

Minor Office procedures: e.g. dressing a wound, ear cleansing.

Medical use of nutrition: therapeutic nutrition, nutritional supplements containing vitamins, minerals, amino acids, hormones and glandulars, and intramuscular and intravenous vitamin, mineral and homeopathic injections.

Homeopathic medicine: the use of highly diluted quantities of naturally occurring plant, animals and minerals to encourage the body's natural healing mechanisms.

Botanical Medicines: the use of standardized plant extracts to encourage the healing process.

Therapeutic Injections: Neural therapy, prolotherapy and trigger point injections.

Lifestyle counseling and hygiene: diet therapy, health promotion including recommendations on exercise, sleep, stress reduction, and the balance of work and social routines.

Naturopathic manipulations: diverse techniques for correction of musculo-skeletal and neurological conditions.

I recognize the potential risks and benefits of these procedures as described below:

Potential risks: allergic reaction or side effects from prescribed herbs, supplements, or natural medication; inconvenience as the result of lifestyle change, injury and infection from injections, venipuncture or procedures.

Potential benefits: restoration of health and the body's maximum function capacity; relief from pain and other disease symptomatology; assistance in recovery from disease or injury; disease prevention; inhibition of disease progression.

Notice to pregnant women: all female patients must alert the doctor if they know or suspect that they are pregnant, as some treatments could present a risk to the pregnancy.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by Mediworks Health and Weight Loss Centre or any of its personnel regarding a cure or improvement of my current condition(s). I understand that I am free to withdraw my consent and discontinue participation in these procedures at any time.

I understand that a record of health services provided to me will be kept by the Centre. This record will be kept completely confidential and will not be released to others without my personal consent or that of my representative or unless it is required by law. I understand that I may look at my medical records anytime and can request a copy of this record by paying an appropriate fee. I understand that my medical record will be kept for a minimum of three, but not more than ten years after the date of my last visit. I understand that information from my medical record may be analyzed for research purposes and that in such instance my identity will be protected and kept confidential. I understand that any questions I have will be answered to the best of practitioner's ability.

Date

Signature of Patient

Date

Signature of Representative or Guardian